

## LYNEA NOEHREN GILLEN

### Education

- 1989 - 1993 Portland State University; M.S. in Counseling in Education  
1986 - 1987 Marylhurst College, Marylhurst, OR; B.A. in Human Studies  
1980 - 1981 Lewis and Clark College, Portland, OR; Major: Elementary Education  
1977 - 1979 University of Nevada, Reno, NV; Major: Elementary Education

### Employment

- 2010 – Present Child and Family Counselor, The Children’s Program, Portland, OR
- 1995 - 2010 Child Development Specialist, Rivermill Elementary, Estacada, OR.  
Provided individual, group and classroom sessions for school of 450 students. Active caseload of 140 students. Since 2000, taught weekly yoga classes to behavioral classroom students and teachers.
- 1997 – present Co-owner *Still Moving Yoga, LLC*, Portland, OR.  
Teaches yoga, Yoga Calm and movement classes.
- 1994 - 1995 Child Development Specialist, Jackson Elementary, Hillsboro, OR.  
Provided support services for children grades K - 6.
- 1992 - 1993 Child and Family Therapist, YMCA Outer East Youth Service Center.  
Used solution-focused therapy with children and families ages 1-18.  
Responsibilities: co-facilitating support groups for teen survivors of sex abuse.
- 1991 - present Counselor of children, adults and families in private practice.
- 1989 - 1997 Co-leader of support group for girls ages 10 - 13 focussing on the emotional and physical changes that occur during adolescence.
- 1991 - 1993 Counselor of children, adults and families in supervised practicum.
- 1990 - 1991 Volunteer Counselor assisting Mary Sampson, MSW, Child Development Specialist, Edwards Elementary, Portland, OR.
- 1990 - 1992 Teacher of Creative Movement; Willowbrook Summer Arts Camp, Tualatin
- 1989 - 1990 Teacher of art and mythology classes for 4th and 5th grades, Metropolitan Learning Center, Portland, OR.
- 1984 - 1986 Educational Coordinator, Pacific New School, Portland, OR; a private elementary school for children ages 5 - 10.
- 1981 - 1984 Kindergarten/first grade teacher, Pacific New School, Portland, OR.
- 1979 - 1980 Teacher Assistant, Children's House Montessori School, Pasadena, CA.
- 1975 - 1979 Head Teacher for 3 and 4-year-old classroom, Holy Child Day Home, Reno, NV. Supervised two assistant teachers and two foster grandparents.

### Relevant Experience

- 1974 – Present Ongoing yoga practice
- 1997 – Present Teacher training and in-depth yoga training with physical therapist and yoga teacher Julie Gudmestad, nationally recognized yoga instructor John Friend and other nationally recognized instructors and schools.
- 1982 – Present Member of Oregon Friends of Jung. Attended numerous lectures and workshops on Jungian Psychology.
- 2005 Northwest Center for Psychoanalysis. Listening to the Body course.
- 2004 Vital Links. Developmental Therapeutic Yoga: Merging Concepts of Yoga and Sensory Integration for Individuals with Special Needs (Certificate)
- 2005 Columbia Regional Program – Autism Services Training
- 1993 Attended training on Solution-Focused therapy.
- 1983 Received certificate of training in mediation.