



EXECUTIVE SUMMARY
EAST SIDE UNION HIGH SCHOOL DISTRICT
First Semester 09-10 School Year

This summary details the statistical results of the 180 Degrees Program during the first semester of the 2009-10 school-year at the following 10 High Schools in the East Side Union High School District, San Jose, CA.

The schools participating in the project were:

Oak Grove High School
Foot Hill High School (Mustang Academy)
Evergreen High School
Yerba Buena High School
Piedmont Hills High School
Andrew Hill High School
Silver Creek High School
Independence High School
Overfelt High School
Mt Pleasant High School (control group)

The project commenced with the beginning of the first semester, approximately August 25 2009. The first semester ended approximately January 20, 2010. A total of **226** students enrolled in the project at 9 high schools. This included 214-10th grade students and 12-9th grade students. The 180 Degrees Program training was incorporated into the school district's Opportunity Program during the regular school day.

An additional **26**, ninth grade students participated as a control group at Mt Pleasant High School.

Teachers assigned to the Opportunities Classes were trained as 180 Facilitators and instructed the classes.

The demographic make-up of the students enrolled in the 180 Degrees Program classes at the 9 participating schools (excluding the control group at Mt Pleasant High School) the first semester was 120 males (53%); 106 females (47%); 164 Hispanic (72%); 15 Caucasian (7%); 11 African American (5%); 18 Asian (8%); 1 Native American (.5%); 1 East Indian (.5%); 16 other/unknown (7%).

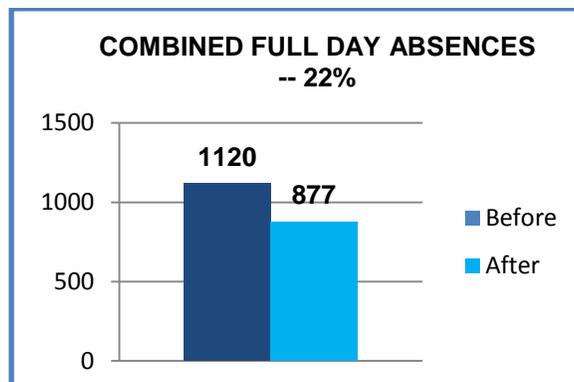
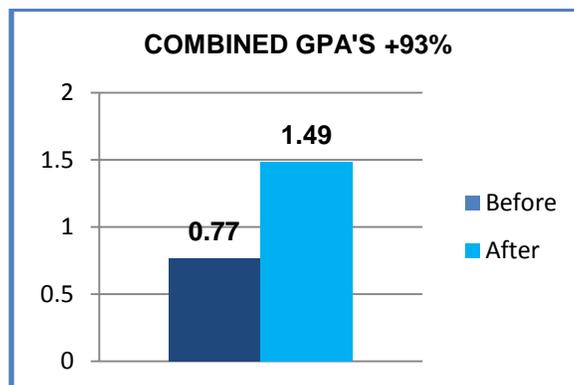
The demographic makeup of the students at Mt Pleasant High School control group was 16 males (62%); 10 females (38%); 24 Hispanic (92%); 1 Caucasian (4%) and 1 African American (4%).

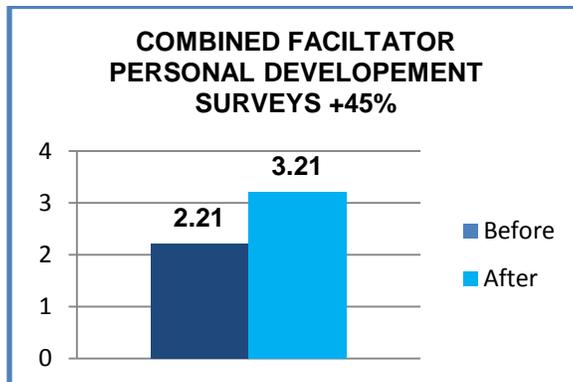
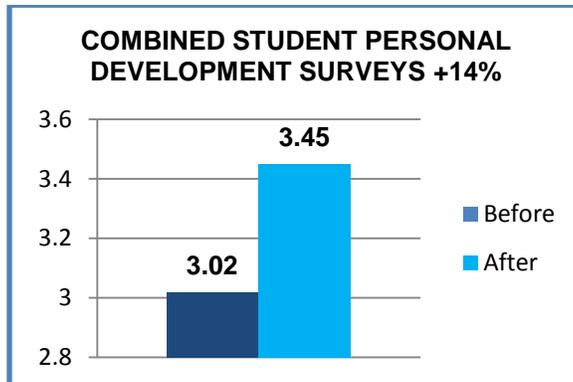
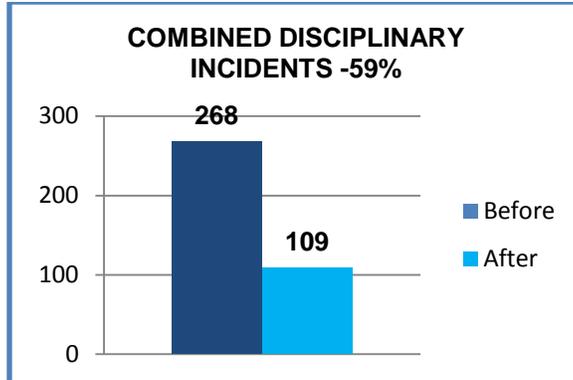
Progress of the students was measured by a pre and post program comparative analysis of the

students' GPA's, Core Grades (Language Arts, Mathematics, Social Studies and Science), Full Day Absences, documented Disciplinary Incidents and Life Skills Development. The data was collected from school records and Personal Development Surveys and entered into the 180 Degrees Program Electronic Data Base. In addition, daily attendance of the students in the 180 classes was recorded and entered into the data base.

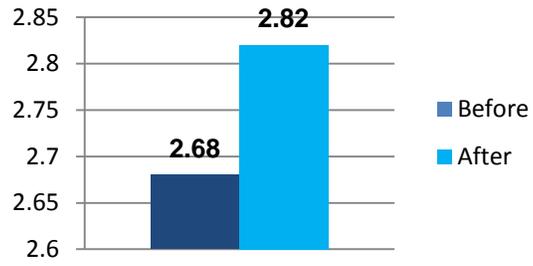
The following average results were obtained during the first semester by the 9 schools participating in the 180 Degrees Program:

- GPA's increased **93%**
- Absences decreased **22%**
- Disciplinary Incidents decreased **59%**
- Personal Development Surveys: students **+14%**, facilitator **+45%**, teachers **+5%** and parents **+9%**

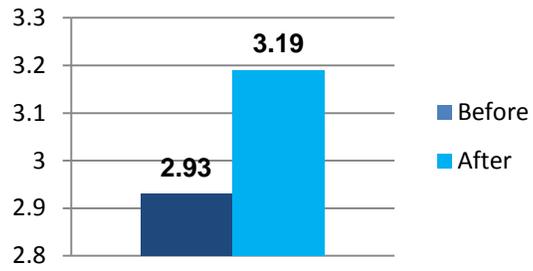




**COMBINED TEACHER PERSONAL
DEVELOPMENT SURVEYS +5%**



**COMBINED PARENT PERSONAL
DEVELOPMENT SURVEYS +9%**



The following individual schools results were as follows:

Oak Grove High School

At Oak Grove High School, during the first semester of the 2009-10 school-year, 22 students enrolled in the 180 Degrees Program and 22 remained active at the end of the first semester.

GPA's available for 21 of the 22 students that remained in the program was 0.87 before the course. At the end of the first semester, their average GPA improved to 1.78, representing a **105% increase**.

Full day absences of the 22 students that completed the program revealed a total of 157 absences the semester before the training compared to 61 during the first semester, representing a **61% decrease**. Average daily attendance in the 180 classes was 97%.

Disciplinary incidents records were available for 21 of the 22 students that remained in the program, revealing a total of 3 incidents the semester before the training compared to 1 during the first semester, representing a **67% decrease**.

Foot Hill High School (Mustang Academy)

At the Mustang Academy, during the first semester of the 2009-10 school-year, 27 students enrolled in the 180 Degrees Program and 22 remained active in the program at the end of the first semester.

GPA's available for 18 of the 22 students that remained in the program was 0.54 before the course. At the end of the first semester, their average GPA improved to 2.28, representing a **322% increase**.

Full Day Absences and Disciplinary Incidents records were not obtained by the facilitator for the semester prior to the students entering the 180 Degrees Program; therefore no comparison could be made to the first semester data. Students enrolled in the program at the Mustang Academy are placed there from other high schools in the district and access to their prior attendance and behavior records is limited.

Personal Development Surveys rating the students' progress (1-poor, 2 fair, 3 good, 4 excellent, 5 superior) were completed by the students and teachers, rating the students in the following areas from before to after the training: (1) Attitude, (2) Motivation, (3) Achieving Goals, (4) Organization Skills, (5) Self-Control, (6) Decision Making, (7) Communication Skills, (8) Teamwork, (9) Leadership Skills, (10) Citizenship.

The students rated themselves on an average of 3.07 before the training to 3.65 at the end of the first semester (**+19%**) and teachers rated the students on an average of 2.8 before the training compared to 3.0 at the end of the first semester (**+ 7%**).

Evergreen High School

At Evergreen High School, during the first semester of the 2009-10 school-year, 24 students enrolled in the 180 Degrees Program and 24 remained active in the program at the end of the first semester.

GPA's available for 12 of the 13 students that remained in the program in class #1 was 1.37 before the course. At the end of the first semester, their average GPA improved to 1.57, representing a **16% increase**.

GPA's available for 10 of the 11 students that remained in the program in class #2 was 1.44 before the course. At the end of the first semester, their average GPA improved to 1.49, representing a **3% increase**.

Full day absences of the 13 students that completed the program in class #1 revealed a total of 30 absences the semester before the training compared to 70 during the first semester, representing a **133% increase**. Average daily attendance in the 180 classes for students in class #1 was 93%.

Full day absences records available for 10 of the 11 students in class #2 revealed a total of 55 absences the semester before the training compared to 61 during the first semester, representing an **11% increase**. Average daily attendance in the 180 classes for students in class #2 was 91%.

Disciplinary incidents records for the 13 students in class #1, revealed 7 incidents the semester before the training compared to 7 during the first semester, representing **0% change**.

Disciplinary incidents records available for the 10 students in class #2, revealed 0 incidents the semester before the training compared to 5 during the first semester, representing a **500% increase**.

Yerba Buena High School

At Yerba Buena High School, during the first semester of the 2009-10 school-year, 20 students enrolled in the 180 Degrees Program and 15 remained active in the program at the end of the first semester.

GPA's available for 15 of the 16 students that remained in the program was 0.51 before the course. At the end of the first semester, their average GPA improved to 1.48, representing a **190% increase**.

Full day absences records available for 15 students remaining in the program revealed a total of 168 absences the semester before the training compared to 112 during the first semester, representing a **33% decrease**. Average daily attendance in the 180 classes was 88%.

Disciplinary incidents records were available for 15 of 22 students that remained in the program, revealing a total of 36 incidents the semester before the training compared to 11 during the first semester, representing a **69% decrease**.

Personal Development Surveys rating the students' progress (1-poor, 2 fair, 3 good, 4 excellent, 5 superior) were to be completed by the students, facilitator, teachers and parents, rating the students in the following areas from before to after the training: (1) Attitude, (2) Motivation, (3) Achieving Goals, (4) Organization Skills, (5) Self-Control, (6) Decision Making, (7) Communication Skills, (8) Teamwork, (9) Leadership Skills, (10) Citizenship.

Students rated themselves on an average of 3.13 before the training compared to 3.39 at the end of the first semester (**+8%**), the facilitator rated the students 2.8 before training compared to 3.03 at the end of the first semester (**+8%**), teachers rated the students 2.49 before the training to 2.53 at the end of the first semester (**+2%**) and parents rated the students 2.77 before the training to 3.22 at the end of the first semester (**+16%**).

Piedmont Hills High School

At Piedmont Hills High School, during the first semester of the 2009-10 school-year, 20 students enrolled in the 180 Degrees Program and 20 remained active in the program at the end of the first semester.

GPA's of the 20 students that remained in the program was 0.53 before the course. At the end of the first semester, their average GPA improved to 1.5, representing a **183% increase**.

Full day absences of the 20 students that remained in the program revealed a total of 161 absences the semester before the training compared to 134 during the first semester, representing a **17% decrease**. Average daily attendance in the 180 classes was 94%.

Disciplinary incidents for the 20 students that remained in the program, revealed a total of 28 incidents the semester before the training compared to 10 during the first semester, representing a **64% decrease**.

Personal Development Surveys rating the students' progress (1-poor, 2 fair, 3 good, 4 excellent, 5 superior) were completed by the students and teachers, rating the students in the following areas from before to after the training: (1) Attitude, (2) Motivation, (3) Achieving Goals, (4) Organization Skills, (5) Self-Control, (6) Decision Making, (7) Communication Skills, (8) Teamwork, (9) Leadership Skills, (10) Citizenship.

Students rated themselves on an average of 3.3 before the training compared to 3.73 at the end of the first semester (**+13%**) and the teachers rated the students 2.33 before the training to 2.79 at the end of the first semester (**+20%**).

Andrew Hill High School

At Andrew Hill High School, during the first semester of the 2009-10 school-year, 33 students enrolled in the 180 Degrees Program and 29 remained active in the program at the end of the first semester.

GPA's available for 29 of the 31 students that remained in the program was 0.76 before the course. At the end of the first semester, their average GPA improved to 1.59, representing a **109% increase**.

Full day absences of the 29 students in the program revealed a total of 305 absences the semester before the training compared to 150 during the first semester, representing a **51% decrease**. Average daily attendance in the 180 classes was 93%.

Disciplinary incidents records were available for 28 of the 29 students that remained in the program, revealing a total of 125 incidents the semester before the training compared to 37 during the first semester, representing a **70% decrease**.

Personal Development Surveys rating the students' progress (1-poor, 2 fair, 3 good, 4 excellent, 5 superior) were to be completed by the students, facilitator, teachers and parents, rating the students in the following areas from before to after the training: (1) Attitude, (2) Motivation, (3) Achieving Goals, (4) Organization Skills, (5) Self-Control, (6) Decision Making, (7) Communication Skills, (8) Teamwork, (9) Leadership Skills, (10) Citizenship.

Students rated themselves on an average of 2.54 before the training compared to 2.95 at the end of the first semester (**+16%**), the facilitator rated the students 1.7 before training compared to 3.6 at the end of the first semester (**+112%**), teachers rated the students 2.97 before the training to 3.61 at the end of the first semester (**+21%**) and parents rated the students 3.24 before the training to 3.3 at the end of the first semester (**+2%**).

Silver Creek High School

At Silver Creek High School, during the first semester of the 2009-10 school-year, 25 students enrolled in the 180 Degrees Program and 22 students remained active in the program at the end of the first semester.

GPA's available for 23 of the students that remained in the program was 0.52 before the course. At the end of the first semester, their average GPA improved to 1.46, representing a **181% increase**.

Full day absences records available for 22 students that remained in the program revealed a total of 25 absences the semester before the training compared to 0 during the first semester, representing a **100% decrease**. Average daily attendance in the 180 classes was 89%.

Disciplinary incidents records were available for 22 of the students that remained in the program, revealing a total of 61 incidents the semester before the training compared to 34 during the first semester, representing a **44% decrease**.

Personal Development Surveys rating the students' progress (1-poor, 2 fair, 3 good, 4 excellent, 5 superior) were to be completed by the students, facilitator, teachers and parents, rating the students in the following areas from before to after the training: (1) Attitude, (2) Motivation, (3) Achieving Goals, (4) Organization Skills, (5) Self-Control, (6) Decision Making, (7) Communication Skills, (8) Teamwork, (9) Leadership Skills, (10) Citizenship.

Students rated themselves on an average of 3.05 before the training compared to 3.53 at the end of the first semester (**+16%**), the facilitator rated the students 2.14 before training compared to 3.0 at the end of the first semester (**+41%**), teachers rated the students 2.83 before the training to 2.18 at the end of the first semester (**-23%**) and parents rated the students 2.77 before the training to 3.05 at the end of the first semester (**+10%**).

Independence High School

At Independence High School, during the first semester of the 2009-10 school-year, 26 students enrolled in the 180 Degrees Program and 24 students remained active in the program at the end of the first semester.

GPA's available for 24 of the students that remained in the program was 0.33 before the course. At the end of the first semester, their average GPA improved to 0.73, representing a **121% increase**.

Full day absences records available for 23 students that remained in the program revealed a total of 143 absences the semester before the training compared to 235 during the first semester, representing a **64% decrease**. Average daily attendance in the 180 classes was 85%.

Disciplinary incidents records were available for 23 of the students that remained in the program, revealing a total of 8 incidents the semester before the training compared to 4 during the first semester, representing a **50% decrease**.

Overfelt High School

At Overfelt High School, during the first semester of the 2009-10 school-year, 29 students enrolled in the 180 Degrees Program and 21 remained active in the program at the end of the first semester.

GPA's available for 26 of the students that remained in the program was 0.87 before the course. At the end of the first semester, their average GPA improved to 1.04, representing a **20% increase**.

Full day absences records available for 19 students that remained in the program revealed a total of 76 absences the semester before the training compared to 54 during the first semester, representing a **29% decrease**. Average daily attendance in the 180 classes was 84%.

Disciplinary incidents records were not obtained.